

**Table 14.7****Best practices for sustainable communities**

	<b>Best Practice</b>
1.	Define community broadly, using not only physical space but also community of interest (e.g., youth assets).
2.	Make the community's vision reflect the core values of all its members.
3.	Define health as the optimum state of well-being—physical, mental, emotional, and spiritual.
4.	Address the quality of life as experienced by all residents.
5.	Invite diverse participation and promote widespread community ownership.
6.	Focus on system change to address how people live and work together.
7.	Use local assets and resources to build capacity.
8.	Measure and report your progress and outcomes to keep citizens informed and to keep partners accountable.

**SOURCE:** Adapted from Norris 2001.